



Information & Overview

The Culture Tree Project for TCKs

This training is specifically designed for Third Culture Kids (TCKs), who live in a culture different from their parents' or their passport country, either with their families or independently, during adolescence. The training provides guidance and tools to help them not only adjust to a new environment but also become fully bicultural - integrating their heritage and the culture(s) they encounter into a unique and personalized blend - and ultimately become thriving young adults.

Training Options

Option 1: Independent Study (\$100 per student)

- Flexible Learning: You have the flexibility to complete the course at your own pace by watching lesson videos and engaging in lesson activities on our learning site.
- Please note that this option does not include any live interaction with our trainers.

Option 2: Individualized Training (\$250 per student)

- Flexible Learning: You have the flexibility to complete the course at your own pace by watching lesson videos and engaging in lesson activities on our learning site.
- Personalized Feedback: Our trainer will review your progress and provide interactive online feedback.
- Live Sessions: You also have the option to participate in live sessions with our trainer, with up to three one-hour sessions available throughout the course.
- Recommended Pace: To make the most of your training, we recommend completing a minimum of one lesson per day, aiming to finish the entire training within 4 weeks.

Option 3: Group Training (20% discount per student)

- Collaborative Learning: Join live training sessions as part of a group, with each session lasting one hour. This allows for a dynamic learning experience.
- Interaction: Engage with both the trainer and other students on our learning platform.
- Group Requirements: To participate, we require 3 to 6 students to form a group for effective group training.
- Flexible Schedule: Live sessions and training schedules will be collaboratively determined between the group and the trainer to accommodate everyone's availability.



Content

Unit 1 Finding Your Roots

- Lesson 1 - Introduction
- Lesson 2 - Culture Tree 1: Roots (Deep Culture)
- Lesson 3 - Perspective: I vs. We (Individualism vs. Collectivism)
- Lesson 4 - Attitude: Fixed Mindset vs. Growth Mindset

Unit 2 Knowing Where You're Coming From

- Lesson 5 - Culture Tree 2: The Soil Line (Physical Place)
- Lesson 6 - Culture Tree 3: Tree Rings (History)
- Lesson 7 - Perspective: Space and Time Across Cultures
- Lesson 8 - Skills: Observation vs. Interpretation

Unit 3 People Around Us

- Lesson 9 - Culture Tree 4: Trunk (Social Networks)
- Lesson 10 - Culture Tree 5: Branches (Organizational Structure)
- Lesson 11 - Perspective: The Way People Talk (Direct vs. Indirect)
- Lesson 12 - Attitude: Empathy

Unit 4 Every Good Work

- Lesson 13 - Culture Tree 6: Leaves (Things We Do)
- Lesson 14 - Culture Tree 7: Fruit (Reproduction of the Culture)
- Lesson 15 - Perspective: The Way People Make Friends (Peach vs. Coconut)
- Lesson 16 - Skills: WTGA & The Languages of Culture

Unit 5 Walking In Between Cultures

- Lesson 17 - Culture Tree 8: The Ecosystem (Where Cultures Meet)
- Lesson 18 - Culture Tree 9: Nutrients & Toxins (Healthy & Unhealthy Patterns)
- Lesson 19 - Perspective: Emotions
- Lesson 20 - Attitude: Core & Flex